## Portland Dance Floor

Choreographed by: Amy Glass, Dustin Betts, JP Madge, Jose Miguel Belloque Vane, Simon Ward and Niels Poulsen April 2024


Type of dance: 32 counts, 2 walls, intermediate nightclub

Music:
Intro:
Note:
Extra note:

Our Song by Pink. 72 bpm. Track length: 2.54. Buy on iTunes etc 16 counts from first strong beat in music. App. 15 secs. into track. Start with weight fwd on $L$ Helpful starting position: start with body opened up to R side to prep for first turn NO TAGS - NO RESTARTS!!! © (3)

| Counts | Footwork | End facing |
| :---: | :---: | :---: |
| 1-9 | $1 / 2 L$ sweep, behind side hitch $1 / 8 \mathrm{R}$, back $R L, 1 / 4 \mathrm{R}$ sways, slide together, run $5 / 8 \mathrm{~L}$ hitch |  |
| 1 | Turn $112 L$ stepping back on $R$ sweeping $L$ out to $L$ side (1) | 6:00 |
| 2\&3 | Cross L behind R (2), step R to R side (\&), turn 1/8 R stepping L fwd hitching R knee (3) | 7:30 |
| 4\& | Run back R (4), run back L (\&) | 7:30 |
| 5-7 | Turn $1 / 4 R$ stepping $R$ to $R$ side swaying body $R$ and looking $R(5)$, sway body $L$ looking $L$ (6), push off $L$ stepping $R$ to $R$ side dragging $L$ next to $R(7)$ | 10:30 |
| 8\&1 | Turn $1 / 4 L$ stepping $L$ fwd (8), turn $1 / 4 L$ stepping $R$ fwd (\&), turn $1 / 8 L$ stepping $L$ fwd hitching R knee (1) | 3:00 |
| 10-16 | Press R, recover sweep, R back rock, full turn L, run LR fwd, L mambo $1 / 4.4$, cross |  |
| 2-3 | Press $R$ fwd (1), recover back on $L$ sweeping $R$ to $R$ side (3) | 3:00 |
| 4\&5 | Rock back on $R(4)$, recover fwd onto $L(\&)$, turn $1 / 4 L$ stepping $R$ to $R$ side but continuing to turn another $3 / 4 L$ on $R$ sweeping $L$ fwd (5) | 3:00 |
| 6\& | Run L fwd (6), run R fwd (\&) | 3:00 |
| 7\&8\& | Rock L fwd (7), recover back on R (\&), turn $1 / 4 L$ stepping $L$ to $L$ side (8), cross R over $L$ (\&) | 12:00 |
| 17-23 | Side L, behind side $1 / 8 L$ fwd $R$, recover ball step $1 / 4 R$ fwd $L$, prep, $5 / 8$ unwind sweep |  |
| 1 | Step $L$ to $L$ side turning body slightly to $R$ diagonal (1) | 12:00 |
| 2\&3 | Cross $R$ behind $L(2)$, step $L$ to $L$ side ( $\&$ ), turn $1 / 8 L$ rocking $R$ into $L$ diagonal reaching $R$ arm fwd (3) | 10:30 |
| 4\&5 | Recover back on $L$ (4), turn $1 / 4 R$ stepping $R$ to $R$ side (\&), step $L$ fwd into $R$ diagonal reaching L arm fwd (5) | 1:30 |
| 6-7 | Turn upper-body $L$ reaching $R$ arm fwd (6), unwind $5 / 8 \mathrm{R}$ on $L$ sweeping $R$ out to $R$ side (7) | 9:00 |
| 24-32 | Behind side cross into diamond 114 L , RL prissy walks fwd, step $11 / 2$ L X 2 |  |
| 8\&1 | Cross R behind L (8), step L to L side (\&), turn 1/8 L stepping R fwd (1) | 7:30 |
| 2\&3 | Cross $L$ over $R(2)$, step $R$ to $R$ side (\&), turn 1/8 L crossing $L$ behind $R$ sweeping $R$ to $R$ side (3) | 6:00 |
| 4\& | Cross R behind L (\&), step L to L side (\&) | 6:00 |
| 5-6 | Cross walk R fwd over L (5), Cross walk L fwd over R (6) | 6:00 |
| 7\&8\& | Step R fwd (7), turn 1 ¹2 L onto L (\&), step R fwd (8), turn 1 ¹2 L onto L ( \&) | 6:00 |
|  | START AGAIN |  |
| Ending | Wall 6 is your last wall. It starts facing 6:00. When doing count 5 in the $2^{\text {nd }}$ section rather than doing a full turn turn $3 / 4 \mathrm{~L}$ and step $L$ out to $L$ side. You're now facing 12:00 again | 12:00 |

