## Thousand Times

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Type of dance: 32 counts, 2 walls, intermediate

Music:
Intro: $\quad 16$ counts from beginning of track. App. 16 secs. into track. Start with weight on $L$ foot
Restart:
Amendment:
Hello by Lionel Ritchie. 62 bpm. Track length: 4.08. From the album 'The Definitive Collection'. Buy on iTunes etc On walls 3 and 6 , after 16 counts, both times facing 12:00 앙 On walls 2,5 and 8 , after count 28 (your $R$ back rock): when turning $1 / 4 L$ you sway to the $R$ on count 29 and to the $L$ dragging $R$ nest to $L$ on count 30 , then restart. All 3 times facing 12:00 :)

| Counts | Footwork | End facing |
| :---: | :---: | :---: |
| 1-9 | Fwd $R$ sweep, cross side back rock $1 / 8 \mathrm{~L}, 5 / 8 \mathrm{R}$ side rock, $1 / 4 \mathrm{R}$ back rock, step full turn |  |
| 1-2\& | Step $R$ fwd sweeping $L$ forward (1), cross $L$ over $R(2)$, step $R$ to $R$ side (\&) | 12:00 |
| 3-4\& | Turn $1 / 8 \mathrm{~L}$ rocking back on $L$ (3), recover fwd onto $R(4)$, turn $3 / 8 \mathrm{R}$ stepping back on $L$ (\&) | 3:00 |
| 5-6 | Turn $1 / 4 \mathrm{R}$ rocking $R$ to $R$ side (5), turn $1 / 4 \mathrm{R}$ when recovering back onto $L$ (6) | 9:00 |
| \&7 | Rock back on R (\&), recover fwd to L (7) | 9:00 |
| 8\&1 | Step $R$ fwd (8), turn $1 / 2 L$ onto $L$ (\&), turn $1 / 2 L$ stepping back on $R$ sweeping $L$ to $L$ side (1) | 9:00 |
| 10-16 | $L$ sailor step, behind turn $1 / 4 L, 1 / 4 L$ sway, sway, $3 / 4$ run around $R$ |  |
| 2\&3 | Cross L behind $R(2)$, step $R$ to $R$ side (\&), step L to $L$ side (3) | 9:00 |
| \& 4 | Cross R behind $L(\&)$, turn $1 / 4 L$ stepping fwd onto $L$ (4) | 6:00 |
| 5-6 | Turn $1 / 4 \mathrm{~L}$ stepping R to R side with a R body sway (5), sway body to L side (6) | 3:00 |
| 7\&8\& | Turn $1 / 4 \mathrm{R}$ stepping R fwd (7), step L fwd (\&), turn $1 / 4 \mathrm{R}$ stepping R fwd (8), turn $1 / 4 \mathrm{R}$ stepping L fwd (8) ... * Restart here on walls 3 and 6, both times facing 12:00 | 12:00 |
| 17-24 | Fwd sweep, weave, $1 / 4 \mathrm{~L}$ hitch, 2 prissy walks R L, step turn step |  |
| 1-2\& | Step R fwd sweeping L fwd (1), cross L over R (2), step R to R side (\&) | 12:00 |
| 3\&4 | Cross L behind R (3), step R to R side (\&), cross step L slightly over R hitching R knee and turning $1 / 4 L$ on that $L$ foot (4) | 9:00 |
| 5-6 | Walk R slightly in front of L (5), walk L slightly in front of L (6) | 9:00 |
| 7\&8 | Step R fwd (7), turn ½ L onto L (\&), step fwd onto R (8) | 3:00 |
| 25-32 | Step $1 / 2 \mathrm{~L}$ rock step, run back RL, R back rock, $1 / 4 \mathrm{~L}$ into R basic, side behind side |  |
| 1-2\& | Turn $1 / 2 L$ rocking fwd onto $L$ (1), recover and push back onto $R(2)$, run back on $L(\&) \ldots$ Optional styling for count 1: Every time Lionel Ritchie sings 'Hello' reach your $R$ hand forward as saying hello.. | 9:00 |
| 3-4 | Rock back on R (3), recover fwd onto L (4) | 9:00 |
| 5-6\& | Turn $1 / 4 \mathrm{~L}$ stepping R a big step to R side (5), step L behind R (6), cross R over L (\&) | 6:00 |
| 7-8\& | Step $L$ to $L$ side sweeping $R$ to $R$ side (7), cross $R$ behind $L$ (8), step $L$ to $L$ side (\&) | 6:00 |
|  | Start Again! |  |
| Ending | Comes on wall 9 , after count 8 . Instead of turning $1 / 2 L$ you turn $1 / 4 L$ stepping $R$ to $R$ side (\%) | 12:00 |

