

# Crowded Mind

Choreographers:

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Type: 48 counts, 2 walls, waltz  
 Level: Improver/easy intermediate  
 Music: **Crowd my mind**, by Brett Eldredge. 3.08 mins. 108 BPM. Download track from iTunes.  
 PLEASE NOTE there's a version of the song with a SPOKEN COUNT-IN which makes the start to the music much much easier! *Contact Niels for this version* 😊  
 Intro: Start on the very first beat. *Start with weight on R foot*  
 Restart: On wall 3, after 24 counts, facing 1:30 😊

Counts	Footwork	You face
<b>1 – 6</b>	<b>L twinkle 3/8 L, fwd R, sweep L fwd</b>	
1 – 3	Step L towards R diagonal (1), step R towards R diagonal (2), turn 3/8 L stepping down on L (3)	9:00
4 – 6	Cross R slightly over L (4), start sweeping L fwd (5), sweep L slightly over R (6)	9:00
<b>7 – 12</b>	<b>L weave, R step slide</b>	
1 – 3	Cross L over R (1), step R to R side (2), cross L behind R (3)	9:00
4 – 6	Step R a big step to R side (4), start sliding L towards R (5), touch L next to R (6)	9:00
<b>13 – 18</b>	<b>Roll 1 1/8 turn L, fwd R, slow L kick fwd</b>	
1 – 3	Turn ¼ L stepping L fwd (1), turn ½ L stepping R back (2), turn 3/8 L stepping L to L side (3)	7:30
4 – 6	Step R fwd (4), hitch L knee (5), kick L fwd (6)	7:30
<b>19 – 24</b>	<b>Run back LRL, point R back, unwind ½ R</b>	
1 – 3	Step back L (1), step back R (2), step back L (3)	7:30
4 – 6	Point R back (4), start turning ½ R on L (5), finish turn changing your weight to R foot (6) ... * Restart here on wall 3, facing 1:30	1:30
<b>25 – 30</b>	<b>Diamond with ½ L</b>	
1 – 3	Step L fwd (1), turn 1/8 L stepping R to R side (2), turn 1/8 L stepping L back (3)	10:30
4 – 6	Step R back (4), turn 1/8 L stepping L to L side (5), turn 1/8 L stepping R fwd (6)	7:30
<b>31 – 36</b>	<b>1/8 L fwd L, point R, hold, back R, sweep L over 2 counts</b>	
1 – 3	Turn 1/8 L stepping L fwd (1), point R to R side (2), HOLD (3)	6:00
4 – 6	Step R back (4), start sweeping L to L side (5), sweep L behind R (6)	6:00
<b>37 – 42</b>	<b>L sailor step, behind side cross</b>	
1 – 3	Cross L behind R (1), rock R to R side (2), recover on L (3)	6:00
4 – 6	Cross R behind L (4), step L to L side (5), cross R over L (6)	6:00
<b>43 – 48</b>	<b>L balance step, 1/8 R into R step slide</b>	
1 – 3	Step L to L side (1), rock R back (2), recover fwd onto L again (3)	6:00
4 – 6	Step R a big step to R side opening up 1/8 R in body (4), slide L towards R (5), touch L next to R (6)	7:30
	<b>Begin again</b> 😊 😊 😊	
<b>Ending</b>	Wall 8 which starts facing 12:00 is your last wall. Do the first 9 counts, now facing 9:00, then turn ¼ R stepping R fwd sweeping L fwd to face 12:00 again ... 😊	12:00