## I would for you

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Type of dance: 48 counts, 2 walls, High improver

Music:
Intro:
2 restarts:

I would for you by Lauren Duski. 112 bpm. Track length: 3.01. Buy on iTunes etc 24 counts from very first beat in music. App. 13 secs. into track. Start with weight on $L$ foot 1) On wall 3 which starts at 12:00, after 32 counts, facing 12:00 again.
2) On wall 5 which starts at 6:00, after 32 counts, facing 6:00 again.

| Counts | Footwork | End facing |
| :---: | :---: | :---: |
| 1-8 | Rock R fwd, full triple turn R, rock L fwd, shuffle $1 / 2 L$ |  |
| 1-2 | Rock R fwd (1), recover back on L (2) | 12:00 |
| 3\&4 | Turn $11 / 2$ R stepping fwd on R (3), step L next to R (\&), turn $1 / 2$ R stepping R fwd (4) | 12:00 |
| 5-6 | Rock L fwd (5), recover back on R (6) | 12:00 |
| 7\&8 | Turn $1 / 4 L$ stepping $L$ to $L$ side (7), step $R$ next to $L(\&)$, turn $1 / 4 L$ stepping $L$ fwd (8) | 6:00 |
| 9-16 | $1 / 4 \mathrm{~L}$ into R side rock, $R$ cross shuffle, $L$ side rock $1 / 4 \mathrm{R}, 1 / 4 \mathrm{R}$ into L chassé |  |
| 1-2 | Turn $1 / 4 L$ rocking $R$ to $R$ side (1), recover on $L$ (2) | 3:00 |
| 3\&4 | Cross R over L (3), step L to L side (\&), cross R over L (4) | 3:00 |
| 5-6 | Rock $L$ to $L$ side (5), recover on $R$ with $1 / 4 R$ (6) | 6:00 |
| $7 \& 8$ | Turn $1 / 4 R$ stepping $L$ to $L$ side (7), step $R$ next to $L$ (\&), step $L$ to $L$ side (8) | 9:00 |
| 17-24 | $\mathbf{R}$ back rock, $\mathbf{R}$ kick ball cross, side behind, $\mathbf{R}$ chasse $1 / 4 \mathrm{R}$ |  |
| 1-2 | Rock back on $R$ (1), recover on L (2) | 9:00 |
| 3\&4 | Kick R towards R diagonal (3), step back on R (\&), cross L over R (4) ... Note: body will naturally open up to $R$ diagonal but your direction in the dance is still 9:00 | 9:00 |
| 5-6 | Step $R$ to $R$ side (5), cross $L$ behind $R$ (6) | 9:00 |
| 7\&8 | Step R to R side (7), step L next to R (\&), turn $1 / 4 \mathrm{R}$ stepping R fwd (8) | 12:00 |
| 25-32 | Step 1 ¹2 R, lock 1 ¹2 R, back R, point L, fwd L, point R |  |
| 1-2 | Step L fwd (1), turn 1 ² R stepping down on R (2) | 6:00 |
| 3\&4 | Turn $1 / 4 \mathrm{R}$ stepping $L$ to $L$ side (3), cross R over L (\&), turn $1 / 4 \mathrm{R}$ stepping back on $L$ (4) | 12:00 |
| 5-6 | Step back on $R(5)$, point $L$ to $L$ side letting your body open up to $R$ diagonal (6) | 12:00 |
| 7-8 | Step fwd on $L$ (7), point $R$ to $R$ side letting your body open up to $L$ diagonal (8) ... <br> * Restarts here, on walls 3 and 5 (see detailed description at top of page) | 12:00 |
| 33-40 | Cross, Hold, \& heel, Hold, ball cross, Hold, \& heel, Hold |  |
| 1-2 | Cross R over L (1), HOLD (2) | 12:00 |
| \&3-4 | Step $L$ to $L$ side (\&), touch R heel fwd to R diagonal (3), HOLD (4) | 12:00 |
| \& $5-6$ | Step R next to L (\&), cross L over R (5), HOLD (6) | 12:00 |
| \&7-8 | Step R to R side (\&), touch L heel fwd to L diagonal (7), HOLD (8) | 12:00 |
| 41-48 | Ball cross rock, side R, point L, walk LR fwd with $3 / 8 \mathrm{~L}$ turn, $L$ shuffle $1 / 8 \mathrm{~L}$ fwd |  |
| \&1-2 | Step $L$ back towards R (\&), cross rock R over L (1), recover on L (2) | 12:00 |
| 3-4 | Step R to $R$ side (3), point $L$ to $L$ side (4) | 12:00 |
| 5-6 | Turn $1 / 4 \mathrm{~L}$ stepping down on $L$ (5), turn $1 / 8 \mathrm{~L}$ stepping R fwd (6) | 7:30 |
| 7\&8 | Turn 1/8 L stepping L fwd (7), step R fwd (\&), step L fwd (8) ... Note: counts 5-8 should be done as a smooth curvy $1 / 2$ turn | 6:00 |
|  | Start Again! |  |
| Ending | Wall 7 (starts facing 12:00) is your last wall. Finish to the front with count 33, then HOLD ... and ignore the fading out of the music | 12:00 |

