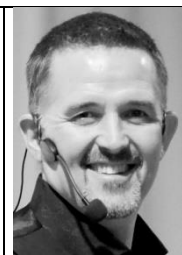


Hands in the Mud

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Type of dance: 32 counts, 2 walls, high intermediate
 Music: **Revolution** by Seibold and Garrison Starr. 85 bpm. Track length: 3:03. Buy on iTunes
 Intro: 16 counts from very first beat in music. App. 13 secs. into track. Start with weight on L foot
 Tag: Comes twice. After walls 1 and 3, each time facing 6:00.
 Phrasing: Intro, 32, Tag, 32, 32, Tag, 32, 32* (change of steps, see bottom of page), 32, Ending

Counts	Footwork	End facing
1 – 8	R rock fwd, full triple turn R, 3/8 R side together, knee pop, ball step LR, heel swivels	
1 – 2	Rock R fwd (1), recover back on L (2)	12:00
3&4	Turn ½ R stepping R fwd (3), turn ½ R stepping L next to R (&), step R fwd (4)	12:00
5&6	Turn 3/8 R stepping L out to L side (&), step R next to L (5), pop both knees fwd (&), step both feet down ending with weight on R (6)	4:30
7&8	Step L fwd (&), step R fwd (7), swivel both heels out R (&), return heels back to neutral ending with weight on L (8)	4:30
9 – 16	Ball step ½ R, 1/8 R ball cross, ¼ L fwd, ¼ L jump RL together, cross, syncopated vine	
&1 – 2	Step R next to L (&), step L fwd (1), turn ½ R stepping R fwd (2)	10:30
&3 – 4	Turn 1/8 R stepping L to L side (&), cross R over L (3), turn ¼ L stepping L fwd (4)	9:00
&5 – 6	Turn ¼ L jumping R to R side (&), step L next to R (5), cross R over L (6)	6:00
&7 – 8	Step L to L side (&), cross R behind L (7), step L to L side sweeping R fwd (8)	6:00
17 – 24	R cross & side rock, behind, behind side, L cross & side rock, behind, behind ¼ L fwd	
1&2&	Cross rock R over L (1), recover on L (&), rock R to R side (2), recover on L (&)	6:00
3 – 4&	Cross R behind L sweeping L to L side (3), cross L behind R (4), step R to R side (&)	6:00
5&6&	Cross rock L over R (5), recover on R (&), rock L to L side (6), recover on R (&)	6:00
7 – 8&	Cross L behind R hitching R knee (7), cross R behind L (8), turn ¼ L stepping L fwd (&)	3:00
25 – 32	R rock fwd, ½ R, L rock fwd, ¼ L fwd, step turn turn, back L, R back rock	
1 – 2&	Rock R fwd (1), recover back on L (2), make a quick ½ turn R stepping R fwd (&)	9:00
3 – 4&	Rock L fwd (3), recover back on R (4), make a quick ¼ turn L stepping L fwd & to L side (&)	6:00
5 – 6&	Step R fwd (5), turn ½ L stepping L fwd (6), turn ½ L stepping R back (&)	6:00
7 – 8&	Step back on L (7), rock back on R (8), recover onto L (&)	6:00
Start Again!		
Tag	The tag comes twice, after walls 1 & 3, facing 6:00 each time. It's 20 counts, split into 8+8+4	
1 – 8	R rock fwd, R full turn, R back rock, quick step ½ L, walk R fwd	
1 – 2	Rock R fwd (1), recover on L starting to sweep R out to R side (2)	6:00
3 – 4	Turn ½ R stepping R fwd (3), turn ½ R stepping L back (4)	6:00
5 – 6	Rock back on R (5), recover onto L (6)	6:00
&7 – 8	Quickly step R fwd (&), turn ½ L stepping onto L (7), walk R fwd (8)	12:00
9 – 16	Rock L fwd, L full turn, L back rock, quick step ½ R, walk L fwd	
1 – 2	Rock L fwd (1), recover back on R starting to sweep L out to L side (2)	12:00
3 – 4	Turn ½ L stepping L fwd (3), turn ½ L stepping R back (4)	12:00
5 – 6	Rock back on L (5), recover fwd onto R (6)	12:00
&7 – 8	Quickly step L fwd (&), turn ½ R stepping onto R (7), walk L fwd (8)	6:00
17 – 20	R side step with R heel taps, both arms out to sides and up over head	
1 – 4	Step R to R side tapping R heel into floor (1-4) ... <i>Arms: spread arms out from waist (1), move arms out to sides and up over head (2-3), place R hand on top of L with palms facing out (4)</i>	6:00
Step change	The 5 th time you do the main dance replace counts 29-32 (facing 6:00) with the last 4 counts of the tag (counts 17-20). Then restart and do the last wall of the dance 😊	6:00
Ending	Finish wall 6: Step R to R side stretching R arm up with R hand fisted (<i>lyrics: It's a revolution</i>)	12:00