

# Without the Memories

Niels Poulsen (DK): [nielsbp@gmail.com](mailto:nielsbp@gmail.com)

August 2023



Type of dance: 48 counts, 2 walls, intermediate nightclub  
 Music: **Home movies** by Lukas Graham feat. Mickey Guyton. 80 bpm. Track length: 3.15. Buy on iTunes etc  
 Intro: 16 counts from beginning of track. App. 18 secs. into track. Start with weight on L foot  
 1 restart: On wall 2, after count 40, facing 12:00.  
 1 tag: On wall 4, after count 40, facing 12:00. See tag explanation at bottom of sheet  
 Phrasing: 48, 40, 48, 40, Tag, 38 (Ending).

Counts	Footwork	End facing
<b>1 – 8</b>	<b>R back rock, ¼ L side R, into L back rock, side L, back RL with sweeps, R back rock</b>	
1 – 2&	Rock back on R (1), recover on L (2), turn ¼ L stepping R to R side (&)	9:00
3 – 4&	Rock back on L (3), recover on R (4), step L to L side (&)	9:00
5 – 6	Cross R behind L sweeping L to L side (5), step back on L sweeping R to R side (6)	9:00
7 – 8	Rock back on R (7), recover on L (8)	9:00
<b>9 – 16</b>	<b>R rock fwd, ½ R, L rock fwd, ¼ L, walk R fwd, step ½ R, L step lock</b>	
1 – 2&	Rock R fwd (1), recover back on L (2), turn ½ R stepping R fwd (&)	3:00
3 – 4&	Rock L fwd (3), recover back on R (4), turn ¼ L stepping L fwd (&)	12:00
5 – 7	Walk R fwd (5), step L fwd (6), turn ½ R stepping fwd on R (7)	6:00
8&	Step L fwd (8), lock R behind L (&)	6:00
<b>17 – 24</b>	<b>Fwd L with R hitch, cross over, L basic, side R, touch behind, unwind ½ L into L lunge</b>	
1 – 2	Step L fwd hitching R knee at the same time (1), cross R over L (2) ... <i>Option: on walls 2, 4 and 5 go up on ball of L on count 1 to hit the word 'HIGH lights' in the lyrics</i>	6:00
3 – 4&	Step L a big step to L side (3), step R behind L (4), cross L over R (&)	6:00
5 – 6	Step R to R side (5), touch L behind R (6)	6:00
7 – 8	Unwind ½ Lon R and rock L to L side bending in L knee (7), recover on R (8) ... <i>Note: on walls 2, 4 and 5 when bending in L knee on count 7 you hit the word 'LOWS' in the lyrics</i>	12:00
<b>25 – 32</b>	<b>L twinkle 1/8 L, R twinkle ¼ R, L rock fwd, ½ L fwd L, step 1/8 L</b>	
1&2	Cross L over R (1), rock R to R side (&), turn 1/8 L when recovering on L (2)	10:30
3&4	Step fwd on R (3), rock L to L side (&), turn ¼ R when recovering on R (4)	1:30
5 – 6&	Rock L fwd (5), recover back on R (6), turn ½ L stepping L fwd (&)	7:30
7 – 8	Step R fwd (7), turn 1/8 L stepping L to L side (8)	6:00
<b>33 – 40</b>	<b>R&amp;L syncopated cross rocks, L full turn, rock R fwd</b>	
1 – 2&	Cross rock R over L (1), recover on L (2), step R to R side (&)	6:00
3 – 4&	Cross rock L over R (3), recover on R (4), step L to L side (&)	6:00
5 – 6	Turn ½ L stepping back on R sweeping L fwd (5), turn another ½ L and step L fwd (6)	6:00
7 – 8	Rock R fwd (7), recover back on L (8) ... <b>Restart here on wall 2 + Tag on wall 4</b>	6:00
<b>41 – 48</b>	<b>¼ R side R, L twinkle, R weave, side L, point R, ¼ R fwd R, ½ R back L</b>	
1	Turn ¼ R stepping R to R side (1)	9:00
2&3	Cross L over R (2), rock R to R side (&), recover on L (3)	9:00
4&5	Cross R over L (4), step L to L side (&), cross R behind L (5)	9:00
6 – 7	Step L to L side (6), point R to R side (7)	9:00
8&	Turn ¼ R stepping R fwd (8), turn ½ R stepping back on L (&)	6:00
<b>Start again</b>		
<b>TAG</b>	Comes once only. After 40 counts on wall 4, facing 12:00	
<b>1 – 9</b>	<b>R back rock, recover sweep, walk R sweep L, L step lock step, rock R fwd, shuffle ½ R</b>	
1 – 3	Rock R back (1), recover on L sweeping R to R side (2), walk R fwd sweeping L to L side (3)	12:00
4&5	Step L fwd (4), lock R behind L (&), step L fwd (5)	12:00
6 – 7	Rock R fwd (6), recover back on L (7)	12:00
8&1	Turn ¼ R stepping R to R side (8), step L next to R (&), turn ¼ R stepping R fwd sweeping L to L side (1) ... <i>OR turn 1½ turn R...</i>	6:00

<b>10 – 16</b>	<b>Walk LR fwd with sweeps, L step lock step, rock R fwd, quick full turn backwards</b>	
2 – 3	Walk L fwd sweeping R to R side (2), walk R fwd sweeping L to L side (3)	6:00
4&5	Step L fwd (4), lock R behind L (&), step L fwd (5)	6:00
6 – 7	Rock R fwd (6), recover back on L (7)	6:00
8&	Turn ½ R stepping R fwd (8), turn ½ R stepping back on L (&) ... <i>Then start the dance again</i>	6:00
<b>Ending</b>	Wall 5 is your last wall. It starts at 6:00. Finish dance with your full turn on counts 37-38 stepping L fwd on count 38 to face 12:00 again 😊	12:00